

## Members

As part of your yearly membership, you will be provided access to the Canadian Jiu-Jitsu Union Online Video Library.

In this video library you will be able to view videos from past CJJU training camps, seminars and all the techniques from the current Hiscoe Jiu-Jitsu syllabus.

We continue to upload content such as past black belt classes held by O'Sensei Sylvain and Hanshi Hiscoe.

You can use this library as a reference or review tool to assist you in your jiu-jitsu training. You will have access to this library as long as you are a paying member in good standing of the CJJU.

Please follow the instructions below to gain access.

1. Go to <https://vimeo.com/>
2. Click on Join (if you don't already have an account)
3. Create an account (there are several ways to login)
4. You can create a FREE account. (When asked to verify email you may have to wait to log in again)
5. Create a profile for yourself (Use a name I will recognize, if possible please)
6. Once you have created your profile search
7. Canadian Jiu-Jitsu Union Online
8. Send me a message or if you can click follow, in order that I can follow you
9. Once this is done, I can add you to the list of followers on the various video channels I have created. (A channel is a series of videos)
10. Once I add you to a channel and for you to find the videos do the following.

## Finding the Videos

1. Log into your Vimeo account.
2. In the top right search bar type in Canadian Jiu-Jitsu Union.
3. You will see a business card type of screen, click anywhere on the business card
4. You will then see a CJJU page, on the left side you will see a box called Activity.
5. Click on the Collections box.
6. This will take you to the channels you have been added to.
7. Click the word "follow" once on the channel.